

GOVERNMENT NEWS

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ADJUSTED ALERT LEVEL 1 COVID-19 REGULATIONS

- Based on the low infection and high recovery rate in the country, the government has made changes to Adjusted Alert Level 1 COVID-19 regulations.
- There is no need for testing of contacts who show no symptoms.
- If you are a contact, you should take extra precautions when you are with other people for 5-7 days while observing if any symptoms develop.
- Contact tracing by Health workers and community health workers has been stopped, but people who come into contact with those who are COVID-19 positive should take extra precautionary measures.
- Where there are cluster outbreaks in congregate settings, including work places, a telephone based alert should be given to those who could be affected so that they can start the 5-7 days self-observation.
- Those who test positive on routine testing, such as for travel but have no symptoms, do not need to isolate but should observe symptoms while taking precautions for 5-7 days.
- For moderate to severe cases that lead to hospitalisation, a further 7 days of home isolation should be taken following discharge and after that no need for testing.
- These regulations apply to vaccinated and unvaccinated people.
- The only way to get closer to normality safely is if more of us vaccinate, including taking boosters once we qualify.